

SINCE 1965
LING & SONS
FOOD MARKET



December 2022

For more information please call (297) 521-2370
www.shop.lingandsons.com



lingandsonsfoodmarket



Ling & Sons Food Market

OPENING HOURS

SIGN UP FOR FREE
Become a VIP member!



We are open everyday!

Monday to Saturday 7:30 AM - 8:00 PM
Sunday 9:00 AM - 6:00 PM

MONDAY	December 19th	7:30 AM - 9:00 PM
TUESDAY	December 20th	7:30 AM - 9:00 PM
WEDNESDAY	December 21st	7:30 AM - 9:00 PM
THURSDAY	December 22nd	7:30 AM - 9:00 PM
FRIDAY	December 23rd	7:30 AM - 9:00 PM
SATURDAY	December 24th	7:30 AM - 5:00 PM
SUNDAY	December 25th	CLOSED
MONDAY	December 26th	9:00 AM - 6:00 PM
TUESDAY	December 27th	7:30 AM - 9:00 PM
WEDNESDAY	December 28th	7:30 AM - 9:00 PM
THURSDAY	December 29th	7:30 AM - 9:00 PM
FRIDAY	December 30th	7:30 AM - 9:00 PM
SATURDAY	December 31st	7:30 AM - 5:00 PM
SUNDAY	January 1st	CLOSED
MONDAY	January 2nd	7:30 PM - 8:00 PM



Update or sign up for free and get a chance to win a 500 awg gift card!



SCAN CODE TO REGISTER

TUESDAYS
20% OFF
All fresh fruits & vegetables

VIP DEAL

THURSDAYS
20% OFF
On selected meat cuts

Leny's Holiday Bingo

Shop, Play & Win



Participate to
 win your
 dream
 vacation!

Great
 exciting
 prizes every
 week!

Oliebollen

Now available
10 florins
For 10
Oliebollen!




FOOD COURT
Open every day!
Lunch is served
at 11:30 AM




SCAN ME


Holiday Basket



AWG
75⁰⁰

Basket #1

Box of Chocolate
Champagne 75 cl
Marshmallows
Christmas Candy
Cocktail Sausage
Melba Toast
Peanuts
Butter Cookies

AWG
100⁰⁰

Basket #2

Box of Chocolate
Champagne 75 cl
Marshmallows
Christmas Candy
Cocktail Sausage
Melba Toast
Peanuts
Butter Cookies
Kaas Stengel
Panettone
Olives
Red **or** White Wine 75 cl

AWG
150⁰⁰

Basket #3

Box of Chocolate
Champagne 75 cl
Marshmallows
Christmas Candy
Cocktail Sausage
Melba Toast
Peanuts
Butter Cookies
Kaas Stengel
Panettone
Olives
Red **or** White Wine 75 cl
Ponche Crema
Whisky 75 cl **or** Vodka 70 cl

AWG
175⁰⁰

Basket #4

Box of Chocolate
Champagne 75 cl
Marshmallows
Christmas Candy
Cocktail Sausage
Melba Toast
Peanuts
Butter Cookies
Kaas Stengel
Panettone
Olives
Red Wine 75 cl
White Wine 75 cl
Ponche Crema
Whisky 75 cl **or** Vodka 70 cl
AH Tea
AH Chips

**Gift Vouchers
available**



the most delicious
**CHRISTMAS
 IDEAS**



by Hendrickx de Bakker



**PARTY
 STOLLEN IN BOX**

Filled with real
 Almond paste!

per piece ~~32.29~~

21.99



PARTY STOLLEN IN BAG

per piece ~~25.51~~ **18.99**



**BUTTERCREAM
 CHRISTMAS
 ALMOND STICK**

Well filled with real
 Almond paste

per piece ~~11.07~~

7.75

APPLE TREAT

Deliciously filled with fresh apple,
 a real treat

per piece ~~2.52~~

1.99



CARRE RAISIN

A tasty crispy
 raisin square

per piece ~~1.94~~

1.35



**BUTTERCREAM
 SPECULAAS PIECES**

Delicious brittle with tasty spices!

per piece ~~3.48~~

2.79

**BUTTERCREAM
 SPECULAAS BAR**

Filled with a delicious spice!

per piece ~~10.64~~

8.49



BRIOCHE BOLLS

Super soft and full of flavour,
 suits every brunch!

per 4 pieces

5.85



**FRISIAN
 SUGARBREAD**

Filled with delicious lumps
 of real sugar!

per piece

9.69



per 14 pieces

12.99

**MINI
 WHIPPED
 CREAM PUFFS**

Well filled with real
 whipped cream!



**APPLE CRUMBLE
 PIE 22CM**

A fresh treat from the
 Limburg countryside

per piece

14.80



**BUTTERCREAM
 MARBLE CAKE**

For those who can't decide... here's
 a cake with two delicious
 flavours!

per piece

11.01



BAKERY

Personalized
Cakes
Available!

Order online
or contact our
bakery



Christmas Buttercake



19.99
was 27.55

Pistolet Wit



Buy 2+
Get 1
FREE!
For 1.80

Croissant Plain



Buy 5+
Get 2
FREE!
For 8.30

Bauducco Panettone
Regular/Chocottone 400 gr



10.95
was 12.49

Roomboter Appeltaart



11.99
was 14.83

Tompouce
Per piece



2.99
was 3.50

Great variety of home made cakes now available in store!

Ponche Crema Cake



Oreo Cake



Banana Cake



Pistachio Cake



All prices are in Aruban florins, valid using your VIP card from December 1st until December 31st 2022, while supplies last

GARMIN™

TRAIN AND RECOVER SMARTER WITH FORERUNNER®



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ARUBA - CURACAO - ST. MAARTEN - ST. THOMAS

 Havenstraat 25, Aruba

 We Deliver

SINCE 1965
LING & SONS
FOOD MARKET

Black & White Christmas Food Show

FREE TASTINGS, FOOD PRESENTATIONS AND LOTS OF HOLIDAY FUN FOR THE WHOLE FAMILY!

DECEMBER 17 2022

**SAVE
THE DATE**



Scan code to follow or like us on facebook and keep up with all the latest events, promotions and in store specials this Holiday season!

SCAN ME

Christmas Trees Available Now!



SINCE 1965
LING & SONS
FOOD MARKET





CHEESE MADE TO SHARE



PREMIUM DUTCH CHEESE  HENRIWILLIG.COM



WWW.DEROTTERDAMSCH EOUDE.NL

ALL THE TIME TO TRULY ENJOY

CHEESE & DELI

19.95
was 25.35

Mixed Cheese Platter
PER KILO

From our store to your table!

Espina Ham Slice
per 100 gr



1.75
was 2.75

Achterham
per 100 gr



1.99
was 2.95

Boterham Worst
per 100 gr



2.95
was 3.77

Salami Cora
per 100 gr



2.49
was 3.07

American Cheese Yellow
per 100 gr



2.29
was 2.75

**Old Amsterdam
Scandinavian Cut**
280 gr



15.99
was 18.35

HW Gouda Cheese Wheel
3.6 kg



52.99
was 59.99

Rotterdamse oude Kaas
NOW AVAILABLE IN STORE!



Henri Willig Baby Edam Ball
880 gr



25.95
was 29.45

**Henri Willig Baby Ball
Gouda Jong 380 gr**



13.99
was 15.93

**Henri Willig Baby Ball
Truffle Cheese 380 gr**



22.99
was 24.62

**Henri Willig Baby Ball Cheese
Natural/Herbs/Truffle
3-Pack 380 gr**



52.95
was 62.29

All prices are in Aruban florins, valid using your VIP card from December 1st until December 31st 2022, while supplies last



Officially distributed by Pepia Est

MEZZACORONA



"MY DAD,
JOSH
 BELIEVED EVERY
DINNER
 SHOULD BE
FAMILY
STYLE.

I CRAFTED THESE WINES IN HIS HONOR."

-Joseph Carr, Son & Founder



MERRY
Christmas
 AND
 HAPPY NEW YEAR!





LAMARCA
PROSECCO



Share the Love
Gift the Sparkle



JP. CHENET
ICE EDITION



HOME MADE *Salads*



1.95
was 2.49

Crab Salad
Per 100 gr

Macaroni Ham Salad
Per 100 gr

1.49
was 2.49



Potato Salad
Per 100 gr

1.75
was 2.49



Deluxe Potato Ham Salad
Per 100 gr

1.99
was 2.38



Huzarensla
Per 100 gr

1.89
was 2.49



The best home made salads in Aruba!



AH Melba Toast
240 gr



2.99

AH Mini Crackers
250 gr



2.65



All prices are in Aruban florins, valid using your VIP card from December 1st until December 31st 2022, while supplies last



KENDALL-JACKSON®

IT'S A
FAMILY
TRADITION.



OFFICIALLY DISTRIBUTED BY ARION WINE COMPANY N.Y.

18+

ATC
Official Distributor



Choose Your Joy for the

Holidays



ArubaTradingCompany

www.arubatrading.com

18+

ATC
OFFICIAL DISTRIBUTOR

LET'S GET
FOOK'D!

THE PERFECT HOLIDAY GIFT!
THIS GIFT PACK WILL CREATE MOMENTS...
THE REST OF THE STORY IS UP TO YOU

HAPPY FOOK'NG HOLIDAYS!



PRICE AFL. | **44.99**



WestStreetLiquorCompany

WESTSTREET LIQUOR COMPANY

WestStreetLiquorCompany.com



FLAVORS
THAT
BRING US
TOGETHER



Island Wholesale Ltd

SNACKS & REFRESHMENTS

Salt Me Potato Chips
Gluten FREE, No GMO.
50% less Salt!



Vista Hermosa Tortilla Chips
Non GMO



Great variety of new specialty snacks now available in store!

AH Chips
Naturel/Paprika 250 gr



AH Zoute Sticks
200 gr



AH Stengels Zout/Kaas
150 gr



Sonoma Cheese Crisps Gluten Free & Naturally Lactose Free



AH Borrelnoten
Assorted Flavors



With your purchase of 2 or more bags

AH Cola 1.5 L
Light/Regular/No Sugar



AH Cola 6-pack 33 cl
Regular/Light



Welch's Sparkling Juice
75 cl



Gloria Juices
1 L



MIX & MATCH!
Now only 3.49 with your purchase
of 2 bottles

All prices are in Aruban florins, valid using your VIP card from December 1st until December 31st 2022, while supplies last

HOLIDAY TREASURES

Available in store now!



HOLIDAY MUST HAVES



Great variety of holiday cookies now available!

Great for gift baskets!

Kahlenberg Buttercookies 340 gr Blue/Red



7.99
was 9.99

AH Kersen Bonbons 250 gr



3.99

Hamlet Chocolate Box 125 gr



8.99
was 9.99

Hamlet Snow Mallows Bag 175 gr



3.59

Candy Cane 12 ct



4.49



Holiday Peeps
Available now!

Colombina Christmas Candy



Starting at 1.99

Baileys Chocolate Twist



Available now!

Olina's bakers seeded snackers Assorted flavors



Available now!

Valley Lahvosh Crackers Star/Tree 4.5 oz



7.95

Alessi Lady Fingers (biscotti)



6.99

Great variety of Holiday Tea's available!



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GIVE *Tito's* & GATHER ROUND



* TitosVodka.com • Crafted to be savored responsibly. DISTILLED & BOTTLED BY FIFTH GENERATION INC. AUSTIN, TEXAS 40% ALC./VOL. © 2022 TITO'S HANDMADE VODKA.



Freixenet

CAVA

CELEBRATE LA VIDA!



Please enjoy responsibly.

Distributed by **DIVINO**

GREAT GRAVY AND SUPERB SAUCES ARE EFFORTLESS WITH THESE MIXES, WITHOUT ANY ARTIFICIAL FLAVOR ENHANCERS (MSG, ARTIFICIAL FLAVORS, DISODIUMINOSINATE, AND GUANYLATE).



McCormick

DURING MONTH DECEMBER, ENJOY 20% DISCOUNT ON MC CORMICK GRAVIES

MC CORMICK, THE TASTE YOU TRUST

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SEASON'S GREETINGS
A CREAMY DELICIOUS
HOLIDAY TREAT

LUCKY CHARM
GIFT PACK

PRICE AFL.

52.99



18+



BUD LIGHT

Light up your Holidays



arubatrading.com ATCbeers ATCbeers

ATC
Official Distributor



18+



ATC
Official Distributor



HAPPY HOLIDAYS

with the King of Beers

arubatrading.com ATCbeers ATCbeers





Presto Spaghetti
400 gr

2.25
was 2.99

Alessi Risotto
500 gr



LING & BONS
VIP
SAVE 10%
an extra

Alessi Avocado Toast Set
325 gr



NEW!

AH Mienestjes
500 gr



2.99
was 3.75

AH Pasta Saus
400 gr



LING & BONS
VIP
SAVE 10%
an extra

Mantova Cauliflower/
Vegan Pesto 6.7 oz



NEW!

Harina Pan Blanco 1 kg



2.49
was 2.92

AH Olives Groene/ Zwarte
240 gr



2.49

AH Pesto Red/Green
190 gr



3.25

AH Cocktailworstjes 400 gr



7.99
was 8.99

AH Fruit Cocktail op siroop
822 gr



4.99
was 5.50

AH Ananas Schijven op sap
567 gr



4.99
was 5.99

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Febreze

SMELL
THE SEASON,
NOT THE ODORS



LIMITED EDITION

 **BON BINI**
CARGO SERVICES INC.

Wayaca 45, Aruba Dutch Caribbean T. (297) 523 7900
www.bonbinicargo.com

HAPPY
2023

Nos ta desea tur nos
clientenan, coleganan y
pueblo di Aruba un Bon Aña
2023 cu hopi bendicion,
salud y felicidad.



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WAYS**
transport

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Add some spice to your holiday recipes!

La Viuda
Hot sauce original/
Green pepper
5 oz



Available NOW!

Braswell Jelly pepper
Assorted flavors



Available NOW!



QUICK TIPS

An entertaining classic. Braswell's Pepper Jelly is the best-selling pepper jelly in the US for good reason. Made with only premium ingredients. The most popular use is as an easy Hors D'oeuvre. Just place the jelly on cream cheese and serve with crackers. What could be easier! Try adding it to a saucepan with baby carrots and saute for a great side dish. Add Braswell's red Pepper Jelly to meats as a glaze to spice things up a bit!

Woerber's Mayo Gourmet
Assorted flavors



6.99
was 7.49

14.49
was 17.49



AH Zilveruitjes
Zoetzuur
320 gr



2.65



AH Cocktail Augurken
Zoetzuur
330 gr



2.99
was 3.25



Koop's Mustard Assorted Flavor

Available NOW!



AH Piccalilly
Zoetzuur
335 gr



2.99



AH Leverpastei
3x 56gr



3.99
was 4.99



PERSONAL CARE

shop, play and win

RECEIVE FREE GIFT!



Colgate Mouth Wash Peppermint 500 ML

15% OFF



Colgate Max Fresh Charcoal 6 oz.

Colgate Optic White Charcoal 4.2 oz

Available NOW!



Protex Soap Bar 3-Pack Oats/Fresh

RECEIVE FREE GIFT!



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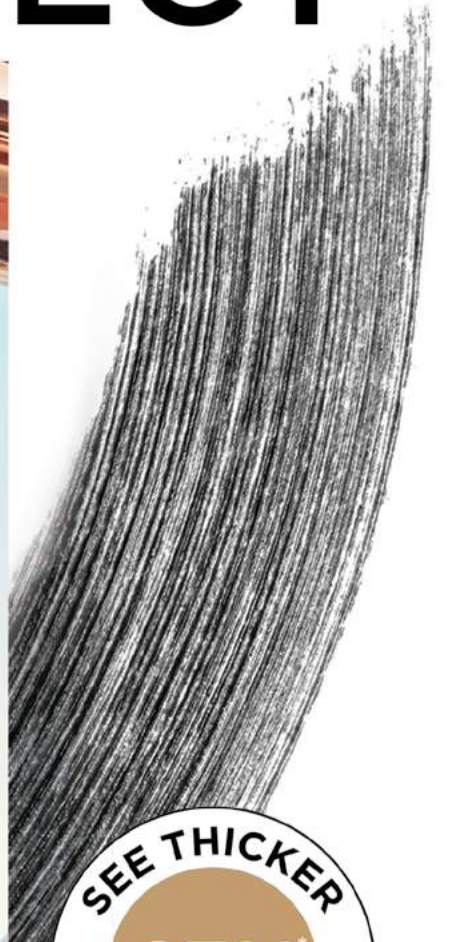
L'ORÉAL
PARIS

AGE PERFECT



FINALLY CARING
MAKEUP JUST FOR US.

YOU'RE WORTH IT.



SEE THICKER
AFTER **63%*** 4 WEEKS
LASHES



DENSIFYING MASCARA

[HYALURONIC ACID + ARGININE]

SUITABLE FOR SENSITIVE EYES.



VOLUMIZES **16X****
STRENGTHENS LASHES

*Self - assessment in consumer test conducted on 58 women.

**Instrumental test on 25 women.

BETTER TOGETHER
for the Holidays!



CANTINE  DAL 1928
CAVICCHIOLI
• 1928 •

PROSECCO CHRISTMAS



FONDÉ  EN 1743
MOËT & CHANDON
CHAMPAGNE
★

Drink Responsibly



**3 TRES
MEDALLAS**

Happy Holidays



Pisca Tempura
Per 100 gr



2.99
was 4.23

Shrimp in garlic
Per 100 gr



4.99
was 6.39

SEAFOOD

Grouper Fillet
Per 500 gr



6.99
was 8.99

Grouper Fillet Spanish style
Per 500 gr



11.90
was 15.87

Salmon Steak
Per 500 gr



19.95
was 23.85

Balchi Pisca
Per piece



2.49
was 3.25

Balchi Salmon
Per piece



2.99
was 3.69



**QUICK
TIPS**

Bar Harbor Clam Juice Premium,
All Natural Clam Juice is an
excellent enhancement to your
favorite soup, chowders, stews,
and other seafood recipes.



Panamei Shrimp Cpto
26/ 30 LRG 1 LB



22.99
was 25.45

AH Kabeljauw
4 stuks



7.49
was 8.75



AH Calamari
500 gr



8.99
was 12.25



All prices are in Aruban florins, valid using your VIP card from December 1st until December 31st 2022, while supplies last



**SAVOR OUR
AWARD-WINNING
WINES**



APOTHIC®

**AND THINGS
JUST GOT
INTERESTING**



MEAT

Every Thursday
20% off on select
meat cuts when
using your VIP
Card.

LING & SONS
SUPER MARKET
VIP
VIP DEAL

Ground Beef
Per 500 gr



7.49
was 10.03

Andy's Picnic Ham Bone In
Per Kilo



8.49
was 11.99

Black Angus Beef
Tenderloin
Per Kilo



**15%
OFF**

Pork Roulade
Per 500 gr



9.49
was 11.76

Porkloin Boneless
Per 500 gr



6.99
was 8.85

Oxtail
Per 500 gr



8.49
was 9.85

Chicken Roulade
Per 500 gr



6.75
was 8.57

Chicken Sate
Per 500 gr



6.99
was 8.40

Chicken Wings
Per 500 gr



3.59
was 4.49

Chicken Thighs Boneless
(Frozen) 2.5 kg



22.99
was 29.95

Chicken legs
Per 500 gr



3.25
was 4.22

Whole Chicken
1300 gr (Frozen)



8.99
was 12.99

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BORN TO MIX.



ABSOLUT.
IT'S IN OUR SPIRIT

MADE WITH SWEDISH WATER & WINTER WHEAT. GLUTEN-FREE
40% ALC/VOL
L. O. SMITH IMPORTED
PRODUCED & BOTTLED IN THE VILLAGE OF ÅHUS, SWEDEN

COUNTRY OF SWEDEN

Gelatissimo

From Italy, Made Locally



Gelato sandwich



BonBons



Popsicles



Amore Chocolate



Scan QR to see all our flavors and products or find us in the freezer aisle

   [gelatissimoaruba](https://www.gelatissimoaruba.com)

18+

BEER

ATC
OFFICIAL DISTRIBUTOR

Modelo



HOLIDAY ESPECIAL

 arubatrading.com

 ATCbeers

 ATCbeers



FROZEN



Shop & Participate to Win Big with your purchase of Gelatisissimo this Holiday Season!

Gelatisissimo
450 ml

NOW ONLY
11.49

AH Stokbrood Kruidenboter
175 gr



3.99



AH Chicken Wings pikant
750 gr



6.99
was 8.16



AH Slagroom soesjes
16 stuks



3.99
was 4.75



AH Pommes Duchesse
750 gr



3.99
was 4.99



AH Frites
1 kg



4.99
was 5.75



AH gegrilde groenten
750 gr



4.49
was 6.49



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Colgate®



For a whiter brighter smile





COLORING COMPETITION

Ling & Sons Food Market will pick 5 winners.



Name:

Age:

Phone:

Age: 4 to 11yrs old.
Hand in at customer service or email to
marketing@lingiga.com before December 21st 2022.



sarpa
Tú aerolínea



VUELOS DIRECTOS HACIA

Medellín

Y

Barranquilla



Vuelos
rápidos



Sin pagar
de más



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cómodos

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Surprise

WITH AN

EXCEPTIONAL GIFT



DRINK RESPONSIBLY. DRINKIQ.com

WINES & BUBBLES

Dreambird Wines
75 cl



12.99
was 15.99

AH Huiswijn
1 L



16.99
was 19.00



Sta Rita 3 Medallas
75 cl



11.49
was 14.99

Carlo Rossi Pink Sweet Sangria



14.99
was 17.49

Mezzacorona Wines
75 cl



20.99
was 24.90



Apothic Wines
75 cl



25.95
was 30.85



Dark Horse Wines
75 cl



20.29
was 22.99



Josh Wines
75 cl



29.95
was 34.27



Freixenet Cordon Negro Brut
75 cl



26.49
was 28.45



Freixenet Prosecco Veneto
75 cl



31.99
was 35.89



La Marca Prosecco
75 cl



30.95
was 38.89



Limited Edition! Grolsch Finale Champagne Beer



JP Chenet Ice Brut/Rose
75 cl



18.95
was 20.04



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BEER & LIQUOR



Heineken
20-25 cl



59.95
was 74.95

Budweiser
24-7 oz



59.49
was 70.98

Modelo Special Beer
24-12 oz



97.99

shop, play and win



Absolut Vodka
75 cl



51.49
was 63.58

Ponche Caribe
75 cl



27.95
was 29.66

Titos Vodka
1 L



82.49
was 98.88

Tropical Rum Gold,
Silver, Spiced, Coconut
70 cl



20.99
was 27.49



AVAILABLE
IN
STORE



LOCAL
RUM
NOW
available

All prices are in Aruban florins, valid using your VIP card from December 1st until December 31st 2022, while supplies last

18+

ATC
OFFICIAL DISTRIBUTOR



PRICE AFL | **29.99**

PRICE AFL | **28.99**

PRICE AFL | **34.99**

PRICE AFL | **42.99**

A FAMILY **HOLIDAY.**

18+

AFC
OFFICIAL DISTRIBUTOR

ENJOY WITH THE TRUE

Holiday Spirit



PROUDLY MADE IN
ARUBA
 WESTSTREET LIQUOR COMPANY

PANTENE GOT A NEW LOOK

Will you?





 **The Florin Card**

**Un creacion
unico y cu nos
cliente local
den mente.**

Introduciendo e facilidad di credito cu
pagonan confortabel y cu ta recompensa'bo
sin tur e gastonan adicional.

E tarheta cu ta brinda un
facilidad di credito na florin,
cu ta recompensa'bo y
yuda'bo logra mas!

- Ricibi **1% Cash Back** pa cada compra
- Disfruta di mas recompensa, beneficio y siguridad cu abo merece
- Tuma miho control di gasto, cu pago mensual na bo favor
- Cero gasto di cambio di moneda y transaccion

PA TEMPO LIMITA
**Miembrecia
GRATIS**
pa prome aña*



 **Aplica awe mes!**

*Pa un tempo limita

PANDÖRA



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More than a gift

ORANJESTAD

Schotlandstraat 41

(297) 587 7060